

## **Welcome to Carers Hub Service**

Carers Federation, Carers Hub Service (CHS) is a free and confidential service that supports unpaid Carers living in Nottingham City or Nottinghamshire.

CHS is joint funded by Nottingham City Council and Nottinghamshire County Council, the service provides support and guidance to carers by giving them the opportunity to meet other carers through support groups, helping to reduce isolation and loneliness, offer advice and guidance and to access help and support in their area.

Best of all, The Nottingham/ Nottinghamshire Carers Hub Service encourages carers to have a say in what types of support they would like (or dislike!) to ensure the service provides them with exactly what they need.

## With CHS you can...

- Meet other carers in-and-around Nottingham and Nottinghamshire.
- Take a break from your caring role.
- Receive advice and information.
- Sign posting to other specialist services.
- Be assigned a dedicated support worker.
- Access to one number and online chat if required.
- Access to WhatsApp/ text messaging.
- Support with carers assessments.
- Support with accessing respite.
- Take part in reshaping the service in line with the local and national carers strategy.

## Want to get in touch?

- Call us on: 0808 802 1777
- Email: carershubinfo@carersfederation.co.uk
- WhatsApp or Text: 07814678460
- Chatbox: Available on our website carershub.carersfederation.co.uk
- Office Hours: 9am- 5pm Mon to Fri Carers Hub Service, Carers Federation
- Christopher Cargill House, 21 23 Pelham Road Nottingham, NG5 1AP

Facebook - search "Carers Federation"

X (formerly Twitter) - @carersfednews LinkedIn - Carers Federation

or scan the QR code with your camera app

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